

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: GZVN

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 36: 200M MEDLEY WOMEN							Heat:2, starttime: 10:00	
Heat: 2/3 Lane : 5 Athlete: VERVLOET ZOé							Q-time: 02:20:55	
PB (25m pool): 2:20.55 Aachen (GER) 12 Oct 2025				PB (50m pool): 2:24.31 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		30.30		1:06.55		1:47.64		2:20.55
	30.30		36.25		41.09		32.91	
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN										Heat:3, starttime: 10:25	
Heat: 3/8 Lane : 2 Athlete: BROUX ELISE										Q-time: 00:59:56	
PB (25m pool): 59.56 Maastricht (NED 29 Dec 2024					PB (50m pool): 1:01.30 SB:						
PB	2 5 M		5 0 M		7 5 M		1 0 0 M				
			29.14				59.56				
	29.14				30.42						
											

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN										Heat:8, starttime: 10:30	
Heat: 8/8 Lane : 7 Athlete: VERVLOET ZOé										Q-time: 00:57:76	
PB (25m pool): 57.76 Aachen (GER) 12 Oct 2025					PB (50m pool): 1:00.40 SB:						
	2 5 M		5 0 M		7 5 M		1 0 0 M				
PB			27.65				57.76				
	27.65			30.11							
											

Coach feedback: